



Spring 5 Newsletter

Newsletter

06/02/2021

Rednal Hill Junior School www.rednalhilljuniors.com

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Introduction

Dear families...

As always, I hope this newsletter finds you all safe and well. It's been a particularly busy week as we ready ourselves for our revised home learning offer. Mrs Allan, as ever, has been busy behind the scenes making sure all the groupings are set up and the staff are briefed about the changes. More details below... In the wider community, it is apparent that lockdown 3 is testing the resolve of all of us. But shining through these dark times, we've heard some lovely stories of families, friends and complete strangers pulling together and looking out for one another. I always find it strange and wonderful, in equal measures, that it takes the worst of times to bring out the best in people. Let's keep looking out for each other, and talking, and hopefully we'll be beyond the peak of this and into better times very shortly.

Home Learning Revised Offer



We have listened very carefully to the feedback, from children and parents, and due to the huge numbers of you that have asked for more live lessons, we are changing our online timetable from Monday 8th February. From next week, instead of 1 live lesson there will be 3 live lessons. This will allow children to spend more time with their classmates and teachers! Key documents outlining the changes are available here on the [home page of the website](#). Mrs Allan has also produced two information videos, see below.



1 - Year 3, 4 and 5 update



Home Learning Timetables for the Coming Week



- [Year 3 Home Learning Timetable](#)
- [4NE Home Learning Timetable](#)
- [4SG Home Learning Timetable](#)

- [Year 5 Home Learning Timetable](#)
- [Year 6 Home Learning Timetable](#)

[Or view in the school website by clicking here](#)

Celebrating Learning at Home



As mentioned in the previous newsletter..... Mr Flanagan has been pulling together all of the photos sent in last week from parents 'Celebrating Home Learning'. We'd like to say a huge thank you to all for sending them in. Unfortunately we're not able to publish them all but rest assured they'll be sent on to teachers so they can see all that's taking place outside of school. [To access the 'Celebrating Home Learning' newsletter, click here](#) Or see the sway below.

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 allow-popups allow-same-origin allow-scripts" scrolling="no" style="border: none; max-width: 100%;
 max-height: 100vh" allowfullscreen mozallowfullscreen msallowfullscreen
 webkitallowfullscreen></iframe>

Support for Parents on - Self-Care, Anxiety and Sleep from Birmingham Education Partnership



Self Care for Parents

Self care can
be all these
things



3 - Support for parents: Self Care

Managing Anxiety



4 - Support for parents: Anxiety

Sleep and the Links to Wellbeing



5 - Support for parents: Sleep

Family Support



We've all been through a tough time with Covid-19 and repeated lockdowns. For many families it can get harder over Winter, which is why there's additional help available right now...

Birmingham Children's Partnership

The [Birmingham Children's Partnership](#) wants to ensure that any family in Birmingham which needs help is aware of how to find it quickly and easily. [Click here for the list of information on where to get help including:](#)

- Emergency Food Assistance
- Mental Health Support
- Financial Assistance
- Domestic Abuse
- Early Help

Northfield Families Northfield Families will be able to support families in the Northfield locality ([click here for Northfield Families Flyer](#)). To access the support listed above, a member of our Pastoral team can complete a 'Family Connect Form' to request support on behalf of one of our families.

Parents can also complete a [Family Connect Form- Self-Identification](#) (Click Control + left click on the mouse to access the link- this often opens in another screen). If parents would like to self- connect to services, but are unable to complete the online form, they can call a member of the team:

Mon- Wed: 07516 918 133

Thur- Fri: 07951 346 327

Or email: northfieldfamilies@northfieldcommunity.org

Worried about your child/a child



Worried about a child? Please talk to a member of our pastoral team on our school phone numbers.
Birmingham's Children's Advice & Support Service

The **Children's Advice and Support Service** (CASS) provides a single point of contact for professionals and members of the public who want to access support or raise concerns about a child.

We want to keep all children and young people in Birmingham safe from harm. If you are concerned about a child please contact CASS who will listen, assess your concerns and can take action if a child is at risk.

Contact details

Monday to Thursday: 8:45am to 5:15pm

Friday: 8:45am to 4:15pm

Telephone: **0121 303 1888** **Emergency out-of-hours**

Telephone: 0121 675 4806

NSPCC & Childline Or you can contact the NSPCC helpline for free support and advice.

Call on [0808 800 5000](tel:0808 800 5000) or [contact us online](#).

Children can contact [Childline](#) any time to get support themselves.

Reminders for Parents of Children Attending School



Can we please remind all parents of children currently attending school of some key messages:

- Do not bring your child to school or on to the school premises if they are ill or if you believe that they have been exposed to someone that has Covid 19. Please be aware, the symptoms for COVID 19 in children are wide ranging and do not always follow the usual guidance
- Please ensure that you are keeping a 2 metre distance from other parents and children on the playground at all times
- The wearing of face coverings for parents is encouraged whilst on the school site (although not mandatory)
- School uniform will not be required but we request that you send them in clothes that are suitable for both outdoor activities and physical education
- Please support the school and remind children of the need for:
 - Regular handwashing/sanitising
 - If they sneeze, 'catch it in your elbow'. If a tissue is used, 'Catch it, Bin it, Kill it'.

Please do read the new and revised '[Lockdown 3 - Parent Guidance](#)' for more information on the organisation of the school day.

School Office Closed to Visitors



For the time being to ensure the safety and welfare of staff, the office is closed to visitors. We want to communicate with parents as best as we can in this challenging time so can we please ask that the majority of your conversations with school staff are via telephone or e-mail to ensure safety.

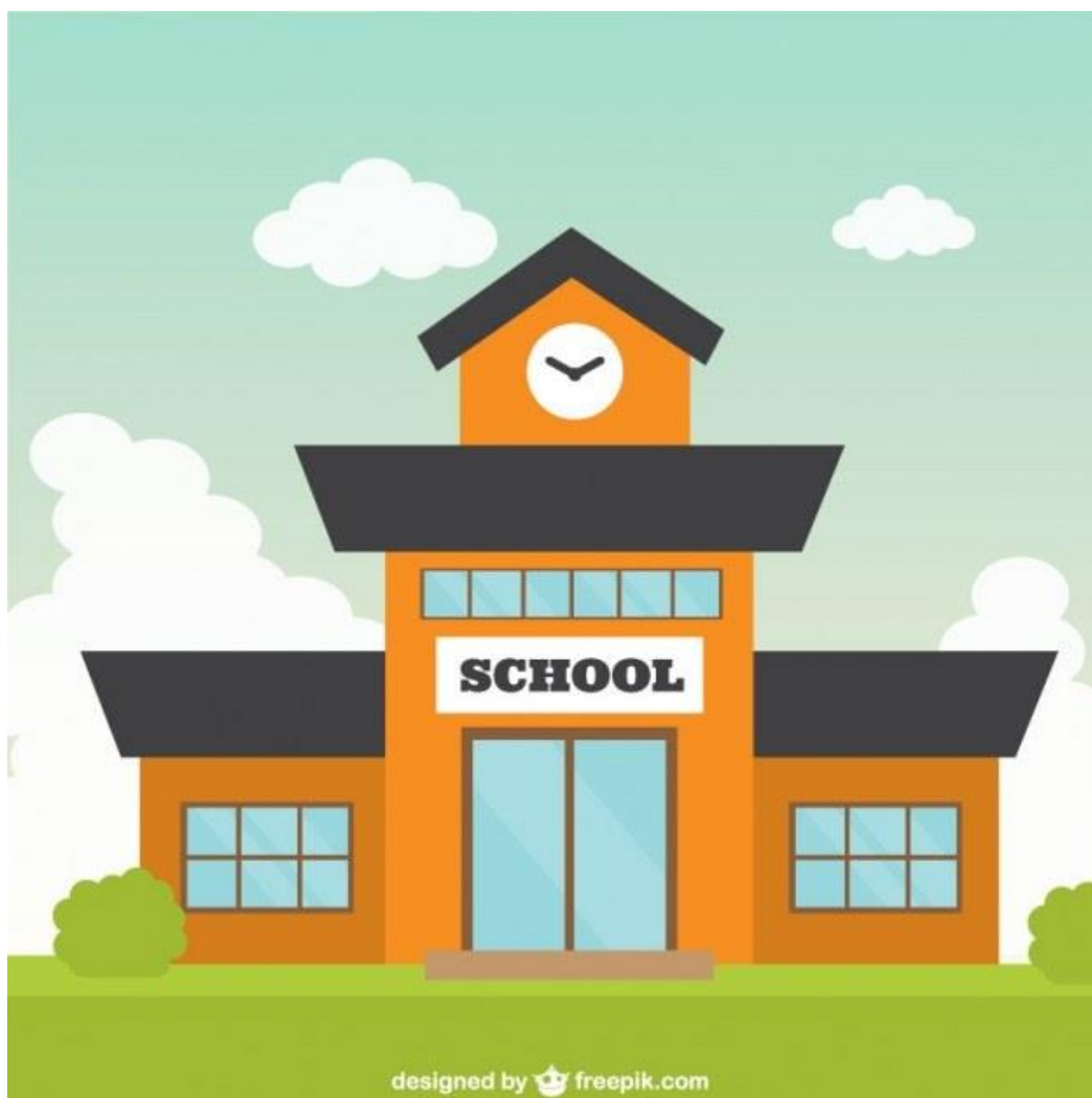
There will be a member of staff on each playground every morning should you wish to speak to someone directly. If you use this channel of communication can you please ensure you recognise social distancing protocols. Office e-mail: enquiry@rednalhilljuniors.com Office mobile: 07958485137

School App



Don't forget the school App is available via the App store on iPhone and Android platforms. Just search for 'School Jotter'. Once downloaded, enter Rednal Hill Junior School and you'll pick up any school newsletters and relevant news.

School contact details



If you would like to contact us please see details below:

Rednal Hill Junior School

Irwin Avenue

Rednal, Birmingham, B45 8QY

Tel: 0121 453 2520 Mobile: 07958485137

enquiry@rednalhilljuniors.com.com

Visit us on the web at www.rednalhilljuniors.com.